

## Roots Speed Week #2 - 12/31/2021

Roots  
Results

## Girls 55 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Mia Conca	10 West Springf	8.07q
2	Sara Taloumis	12 West Springf	8.08q
3	Sophia Leone	11 Frontier Reg	8.21q
4	Kate Slattery	12 Minnechaug R	8.26
5	Nora Thomas	09 Northampton	8.43
6	Camilla Brewer	09 Northampton	8.46
7	Gia Forry	10 Westfield Hi	8.50
8	Hannah Shear	10 Westfield Hi	8.54
9	Grace Maloni	10 Minnechaug R	8.71
10	Odessa Giancesin	09 Northampton	8.74
11	Audrey Perrone	10 Hampshire Re	8.84
12	Summer Sobieski	11 Frontier Reg	8.85
13	Rowan McDonald	10 Westfield Hi	8.95
14	Taryn Rogers	12 West Springf	9.13
15	Sophia Pedro	11 West Springf	9.45
16	Madelynn Mann	09 West Springf	9.58
17	Natalie Rooney	12 Hampshire Re	9.63
18	Makayla Fournier	07 Frontier Reg	9.75
19	Kaylee Rooney	10 Hampshire Re	10.19
20	Franza Mazimpaka	10 West Springf	10.25

## Girls 55 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Mia Conca	10 West Springf	8.01q
2	Sara Taloumis	12 West Springf	8.09q
3	Sophia Leone	11 Frontier Reg	8.29q
4	Camilla Brewer	09 Northampton	8.43q
5	Nora Thomas	09 Northampton	8.44q
6	Gia Forry	10 Westfield Hi	8.57q
7	Odessa Giancesin	09 Northampton	8.69
8	Summer Sobieski	11 Frontier Reg	8.81
9	Grace Maloni	10 Minnechaug R	8.85
10	Audrey Perrone	10 Hampshire Re	9.02
---	Hannah Shear	10 Westfield Hi	FS

## Girls 55 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Sophia Leone	11 Frontier Reg	8.22
2	Nora Thomas	09 Northampton	8.44
3	Camilla Brewer	09 Northampton	8.46
4	Gia Forry	10 Westfield Hi	8.51
5	Hannah Shear	10 Westfield Hi	8.55
6	Kate Slattery	12 Minnechaug R	8.63
7	Grace Maloni	10 Minnechaug R	8.72
8	Odessa Giancesin	09 Northampton	8.75
9	Audrey Perrone	10 Hampshire Re	8.85
10	Summer Sobieski	11 Frontier Reg	8.86
11	Rowan McDonald	10 Westfield Hi	8.96
12	Taryn Rogers	12 West Springf	9.13
13	Sophia Pedro	11 West Springf	9.46

14 Makayla Fournier 07 Frontier Reg 9.76

## Girls 55 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Sara Taloumis	12 West Springf	8.09
2	Mia Conca	10 West Springf	8.16
3	Sophia Leone	11 Frontier Reg	8.21
4	Camilla Brewer	09 Northampton	8.46
5	Nora Thomas	09 Northampton	8.52

## Girls 60 Meter Dash finald

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Mia Conca	10 West Springf	8.67q
2	Odessa Giancesin	09 Northampton	8.97q
3	Nora Thomas	09 Northampton	9.06q
4	Camilla Brewer	09 Northampton	9.40
5	Hannah Davis	09 Frontier Reg	9.64
6	Micky McCarthy	10 Frontier Reg	9.69
7	Brooke Davis	11 Frontier Reg	9.94
8	Abbigayle Grover	09 Frontier Reg	10.14

## Girls 60 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Mia Conca	10 West Springf	8.66
2	Nora Thomas	09 Northampton	9.10
3	Camilla Brewer	09 Northampton	9.22
4	Odessa Giancesin	09 Northampton	9.47
5	Micky McCarthy	10 Frontier Reg	9.58
6	Abbigayle Grover	09 Frontier Reg	9.72
7	Hannah Davis	09 Frontier Reg	9.82
8	Brooke Davis	11 Frontier Reg	9.96

## Girls 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Kira French	10 Northampton	29.14
2	Theresa Saltis	12 Hampshire Re	31.83
3	Caitline Paquette	10 West Springf	32.46
4	Abbigayle Grover	09 Frontier Reg	33.16
5	Stella Heflin	07 Frontier Reg	36.32

## Girls 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Audrey Perrone	10 Hampshire Re	1:13:06.00

## Girls 300 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Josie Fosnot	09 Frontier Reg	46.62
2	Brenna Slattery	09 Minnechaug R	48.09
3	Gia Forry	10 Westfield Hi	48.59
4	Nicole Plasse	10 Frontier Reg	49.46
5	Theresa Saltis	12 Hampshire Re	50.62

**Roots Speed Week #2 - 12/31/2021**

**Roots  
Results**

**Finals ... (Girls 300 Meter Run)**

Name	Yr	School	Finals
6 Sofia Carlson	12	Minnechaug R	51.24
7 Elizabeth Galczynski	12	Westfield Hi	53.00
8 Maggie Fitzgerald	09	Westfield Hi	56.24
9 Shea McDonald	11	Westfield Hi	56.26
10 Mia Satkowski	09	Westfield Hi	1:00.75

**Girls 600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Claire McFarland	09	Frontier Reg	1:57.39
2 Una Millette	10	Frontier Reg	2:10.83
3 Angelina Eglan	11	Frontier Reg	2:20.99
4 Kristen Guarente	12	Westfield Hi	2:46.18

**Girls 1000 Meter Run Girls 1000m**

Name	Yr	School	Finals
<b>Finals</b>			
1 Norah Reade	11	Northampton	3:34.91
2 Bianca Peura	11	Frontier Reg	3:51.16
3 Isabella DelMonte	11	Westfield Hi	3:53.31
4 Jaidyn Gaugreau	09	Minnechaug R	3:54.24
5 Anna Zamer	11	Northampton	3:54.47
6 Fiona McFarland	11	Frontier Reg	4:01.87
7 Gianna Bellizia	09	Westfield Hi	4:02.60

**Girls 1 Mile Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Madison McGrath	12	Minnechaug R	6:28.45
2 Bianca Peura	11	Frontier Reg	6:58.86
3 Angelina Eglan	11	Frontier Reg	7:25.48
4 Anna LaCroix	09	Northampton	7:32.21

**Girls 2 Mile Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sasha Malo	09	Frontier Reg	14:43.71

**Girls 55 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caroline Crocker	11	Frontier Reg	9.60
2 Sofia Carlson	12	Minnechaug R	10.80
3 Franza Mazimpaka	10	West Springf	13.76

**Girls 4x37.5 Meter Relay Girls 3x50**

Team	Relay	Finals
<b>Finals</b>		
1 Frontier Reg	A	19.06
2 Northampton	A	19.91

**Girls 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Minnechaug R	A	2:05.85

2 Northampton	A	2:08.33
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**Girls 4x400 Meter Relay Girls 4x400**

Team	Relay	Finals
<b>Finals</b>		
1 Frontier Reg	A	4:57.08

**Boys 55 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Roman Conca	12	West Springf	6.90q
2 Matthew Slate	12	West Springf	7.08q
2 Sam Manteria	11	Minnechaug R	7.08q
4 Donald Kuloba	11	West Springf	7.20
5 Jake Fein	11	Northampton	7.60
6 Jonathan Dorazio	12	Westfield Hi	7.75
7 Pauli Banari	10	West Springf	7.79
7 Ziyad Ghalayini	12	Westfield Hi	7.79
9 William Flaherty	11	West Springf	7.89
9 Haji Hassani	10	West Springf	7.89
11 Peter Sullivan	10	Westfield Hi	7.97
12 Sebastian Stinston		Amherst HS	8.35
13 Joseph Breguet	08	Hampshire Re	8.56
14 Thelonius Sargent	10	Frontier Reg	8.61
15 Aidan Flaherty	09	West Springf	8.79
16 Noah Nichols	07	Frontier Reg	9.19
17 Jarrod Isles	07	Frontier Reg	9.74
18 Liam Wells	07	Frontier Reg	10.22

**Boys 55 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Roman Conca	12	West Springf	6.98q
2 Donald Kuloba	11	West Springf	7.06q
3 Matthew Slate	12	West Springf	7.12q
4 Sam Manteria	11	Minnechaug R	7.18q
5 Jake Fein	11	Northampton	7.59q
6 Pauli Banari	10	West Springf	7.69q
7 Nevin Labrusciano		Northampton	7.75
8 William Flaherty	11	West Springf	7.78
9 Ziyad Ghalayini	12	Westfield Hi	7.84
10 Peter Sullivan	10	Westfield Hi	7.91
11 Sebastian Stinston		Amherst HS	8.44

**Boys 55 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Roman Conca	12	West Springf	6.86
2 Donald Kuloba	11	West Springf	7.06
3 Matthew Slate	12	West Springf	7.07
4 Sam Manteria	11	Minnechaug R	7.15
5 Jake Fein	11	Northampton	7.52

**Boys 60 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Nevin Labrusciano		Northampton	8.28

## Roots Speed Week #2 - 12/31/2021

Roots  
Results

## Boys 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Gulian Marconi	12 Hampshire Re	25.64
2	Jake Fein	11 Northampton	26.83

## Boys 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Gulian Marconi	12 Hampshire Re	55.35
2	Jack Seney	12 Hampshire Re	57.35
3	Nicholas Elias-Gillette	10 Hampshire Re	1:03.62

## Boys 300 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Jace Falcone	12 Minnechaug R	38.50
2	Connor Joyce	12 Minnechaug R	40.49
3	Pauli Banari	10 West Springf	41.57
4	Nicholas Krawiec	12 Westfield Hi	42.04
5	Alexander Provost	12 Westfield Hi	43.58
6	William Flaherty	11 West Springf	43.59
7	John Doyle	10 Westfield Hi	44.36
8	William Flynn	11 Westfield Hi	44.90
9	Aidan Valderrama	10 Frontier Reg	45.36
10	Thelonius Sargent	10 Frontier Reg	48.46
11	Aidan Flaherty	09 West Springf	51.76
12	Joseph Breguet	08 Hampshire Re	54.74
13	Noah Nichols	07 Frontier Reg	55.46
14	Jarrold Isles	07 Frontier Reg	1:01.01
---	Haji Hassani	10 West Springf	FS

## Boys 600 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Evan Kennedy	12 Minnechaug R	1:32.00
2	Antonio Phaneuf	12 Westfield Hi	1:32.34
3	Matthew Sherman	12 Minnechaug R	1:43.82
4	Aren Brubach	10 Minnechaug R	1:46.78
5	Matthew Moriarty	10 Westfield Hi	1:54.66
6	Stephen Luu	11 West Springf	2:37.77

## Boys 1000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Nick Brisson	10 Hampshire Re	2:57.19
2	Zachary Conrad	11 Minnechaug R	3:05.68
3	Carlos Ayala	Unattached	3:06.48
4	Aidan Valderrama	10 Frontier Reg	3:08.40
5	Amory Maxey	10 Frontier Reg	3:08.96
6	Andre Phaneuf	10 Westfield Hi	3:10.47
7	Dominick Seymour	11 Minnechaug R	3:21.70
8	Nicholas Jones	08 Hampshire Re	4:06.28
9	Aaron Desmond	09 Frontier Reg	4:25.59

## Boys 1 Mile Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Benwa Makala	09 West Springf	5:06.39
2	Carlos Ayala	Unattached	5:06.70
3	Nicholas Elias-Gillette	10 Hampshire Re	5:31.47
4	Amory Maxey	10 Frontier Reg	5:43.87
5	Augustus Radner	08 Frontier Reg	5:48.53
6	Dominick Seymour	11 Minnechaug R	5:50.32
7	Ryan Charland	12 Westfield Hi	6:00.99
8	Benjamin Desmond	10 Frontier Reg	6:23.62
9	Matthew Tillberry	11 Minnechaug R	6:41.66
10	Cristopher Mitchell	08 Frontier Reg	6:50.73

## Boys 2 Mile Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Ben Drohan	10 West Springf	10:16.88
2	Theodore King-Pollet	10 Northampton	10:22.12
3	Carlos Ayala	Unattached	10:59.56
4	Jude Mourad	11 Northampton	11:01.58
5	Gavin DaFonte	10 Hampshire Re	11:08.76
6	Evan Kennedy	12 Minnechaug R	11:56.62
7	Thomas Manning	Minnechaug R	12:14.86

## Boys 55 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1	Jeremy Diehl	Minnechaug R	9.62
2	William Flaherty	11 West Springf	10.29

## Boys 4x37.5 Meter Relay Boys 3x50

Team	Relay	Finals
<b>Finals</b>		
1	West Springf	A 17.16
2	Northampton	A 18.67

## Boys 4x200 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1	Minnechaug R	A 1:45.43